

# heartBeat

weekly  
news  
from



Visit our website [www.beachunitedchurch.com](http://www.beachunitedchurch.com)  
& subscribe to our weekly eSpirit message

February 27, 2011

## ***Sunday, February 27<sup>th</sup>: A Day of Worship, Celebration of Ministry, and Tranquility***

### **Worship: Celebrating Epiphany 8 at 10:30am**

*Revelation Community:* What do the words “Your kingdom come, your will be done on earth as in heaven” mean to you? Come and ponder, reflect and explore.

*Genesis Community:* As we engage with the theme of creating the kingdom of heaven on earth, young people will be making food for the Interfaith Lunch Program. All are welcome to join in as we make Hummus, Tabouleh Salad, stuffed dates, and “alien” cookies ☺

### **Celebration of Ministry: Annual Congregational Meeting at 11:30am**

*directly following worship*

All are welcome to attend this meeting: receive our annual report, hear news of our congregational activities, learn about our 2011 financial budget, and listen to news from our HOME Commission

### **Tranquility: Taizé Community Vespers at 4pm**

“This tranquil service of prayer and music—a spiritual spa of sorts—gives us a chance to reflect, unwind, and clear our minds.” ~Abigail Johnson

Did you see the article about Beach United Church: *Local Church Offers Alternative Worship Options* published online at [www.insidetoronto.com](http://www.insidetoronto.com)? Check our website for the link.


***worship & music, learning & growth, congregational development, service . . .***

***all in one morning? impossible!***

***possible: explore compassion in 3 ways***

- 9:30      *Be the Change* Family Ministry  
engage in activities to show **compassion** to the earth in family groups of all shapes and sizes: moms, dads, kids, grandmas & grandpas
- 10:30      Worship  
learn more about John’s Gospel and God’s call to live with **compassion**
- 11:30      *Cultivating Compassion* Conversations  
reflect in small groups on how to live life with more **compassion**

during Lent we can do one, two, or all three activities

look for the  icon for more information

## ***Generous Giving: Open Hearts, Open Hands***

### **Reaching Beyond our Doors**

Don Gibson and Deborah Elliot are United Church overseas personnel in Puerto Cabezas, Nicaragua.

Deborah teaches at the Doris Robb Gaby primary school where classes are held three mornings a week. Since many of the students speak Miskito rather than Spanish, education programs are complex. The English club has 31 people of all ages registered in the class and a long waiting list.

Don is busy at ADSIM (Institute for Social Development of the Moravian Church in Nicaragua), a United Church partner. ADSIM has been involved with ministries such as emergency response after Hurricanes Mitch and Caesar, sustainable food production, AIDS response, health centres, and schools. There have also been seminars on child rearing, diet, latrine construction, and providing safe water alternatives.

Through the ministry of Deborah and Don, the people of Puerto Cabezas feel connected with the worldwide community of faith. Deborah and Don's work as overseas personnel is funded through our gifts to the Mission and Service [M&S] Fund. In 2010 many people and congregations gave generously to M&S and the gifts totaled **\$29,760,784**. At Beach United Church we tithe 10% of our income to M&S. If the designated donations to M&S ever exceed that 10% figure, then the higher amount will be donated.

### ***Music***

*~faith expressions through music~*

"There may be people in the future that may say 'Yes, I'm connected to Beach United Church but I don't go there on Sunday. I go there on Wednesday night to do X, Y or Z.'" says Ron Fitton. "It's part of being in a spiritual community, an awareness of faith belief, but finding new ways to express it."

(The Toronto Star Dec.05.10)

**A Spiritual Spa Every Month:** "I lit a candle for my step-daughter and said a prayer. During the silent meditation I finally took some deep breaths, started to see some things a little clearer. That song we sang--I like it when I can get my eyes away from the page and feel the pulse and the breath of the creation of musical sharing; it seems to work on many levels." Experience this Beach United Church worship initiative today. **Taizé Community Vespers Sunday, February 27<sup>th</sup> at 4pm.** Everyone is welcome to this tranquil evening service.

**Jazz Vespers:** Join us for a concert-like service of both secular and Christian music. "A Lazy Afternoon" with Lara Solnicki (vocals), Ted Quinlan (guitar) & Jon Maharaj (string bass) **Saturday, March 5<sup>th</sup> at 4:30-5:15.** Free-will offering, fair trade coffee, children welcome.

Check our website to see how you can become musically involved at BUC.

### ***Learning & Growth***

**Beach United Church Lecture Series Tuesday, March 1<sup>st</sup> from 7pm-9pm in the Parlour**

This week's topic is "Catholic Theologies of Grace and Catholic Mystical Theology".



### **Family Ministries**

Every Sunday morning throughout Lent, you have an exciting possibility of becoming part of a **Be the Change** action circle. This will be an inter-active, fun and reflective process, designed to engage all ages. The values that will be explored will connect with our personal context and inspire us to act in our everyday lives and so **be the change!**

### ***Congregational Development***

#### **Beach United Church Speaker Series**

Meet 2011 *Canada Reads* Winner Terry Fallis, author of *Best Laid Plans*, at Beach United Church on Wednesday, March 9<sup>th</sup> at 7:30 pm. Visit [www.terryfallis.com](http://www.terryfallis.com).



## Cultivating Compassion

How do we get to know each other? How can we learn more about living compassionately with one another? Join a "Cultivating Compassion Circle" directly following worship on each Sunday in Lent. Join one circle or all five circles: March 13, 20, 27, April 3, & 10.

## Community News

### Green Tour and Tea at Darchei Noam

Sunday, February 27<sup>th</sup> from 3–5 pm at Darchei Noam Synagogue, 864 Sheppard Avenue West. Join in an informative tour of the many greening features of Darchei Noam Synagogue led by Architect Les Klein. Come and learn how environmental sustainability can be incorporated into faith community building design. All are welcome to attend this multi-faith event.

NOTE TO BUC MEMBERS: If you are planning to attend the Green Tour and Tea event following our congregational meeting, please contact Corey Helm [corey.helm@bell.net](mailto:corey.helm@bell.net) 416-694-6512 to arrange car-pooling from BUC to Darchei Noam.

### World Day of Prayer: How Many Loaves Do You Have?

Friday, March 4<sup>th</sup> at 7pm at St. John's Catholic Church, 794 Kingston Rd. 4 blocks east of Main St. All are welcome to support and attend this worldwide service written by the women of Chile.

**Needed:** a home for two loveable cats is desperately needed as family can no longer take care of them. The beautiful 5yr. old females are neutered and housetrained. If a home is not found in a couple of weeks, they will be surrendered to a shelter. Please call Rosalie Bradley at 416-698-6045.

## Upcoming Worship Schedule

### Lent with theme of Compassion

<b>March 8</b>	Shrove Tuesday Pancake Supper
✿ <b>March 13</b>	Lent 1
✿ <b>March 20</b>	Lent 2
✿ <b>March 27</b>	Lent 3
✿ <b>April 3</b>	Lent 4
✿ <b>April 10</b>	Lent 5
<b>April 17</b>	Palm/Passion Sunday

✿ Learn more about John's Gospel and God's call to live with **compassion**: worship with all ages and quiet activities for young people

### Holy Week

<b>April 21</b>	Maundy Thursday, 7pm Disciples' supper together
<b>April 22</b>	Good Friday, 7pm Musical reflection on the crucifixion
<b>April 23</b>	Holy Saturday, 7pm Film & Faith
<b>April 24</b>	Easter Sunrise, 6:20am
<b>April 24</b>	Easter Communion, 10:30am



140 wineva avenue toronto on m4e 2t4 416 691 8082 office@beachuc.com

[www.beachunitedchurch.com](http://www.beachunitedchurch.com)