

# heartBeat

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weekly  
news  
from



March 27, 2011

## Sunday at Beach

- 9:30            ***Be the Change*** Family Ministries (All Ages Learning)  
Engage in activities to show **compassion** to the earth in family groups of all shapes and sizes: moms, dads, kids, grandmas & grandpas
- 10:15            SNACKS**
- 10:30            ***Worship***  
What is **self-compassion** and how do we practice it?
- 11:15            SNACKS**
- 11:30            ***Cultivating Compassion*** Conversations  
Reflect in small groups on how to practice **self-compassion**
- 1:00             ***Council & HOME Presentation***  
At our last Congregational Meeting two items were introduced without time to offer detailed information or address questions at length: our new construction plans and our present and future financial strategies. To give time for a more detailed presentation and to answer questions, please come to today's presentations from 1pm until 2:30. If you are not able to attend today, check out the two other times available.
- 4:00             ***Taizé Community Vespers***  
*"The circular worship space was created and lit in the warmest, most intimate and beautiful way; it welcomed and drew me in immediately. I was both nurtured and encouraged by the constant ebb and flow of talented voices and guitar throughout the service. The meditation segment being the length it was, allowed me to re-visit personal places and feelings that I hadn't done in quite a while; as emotions surfaced I really did feel a burden lightening." ~Kathy Clemens*

## ***Worship & Learning for Lent***

March 27, April 3, & 10

*Cultivating Compassion  
Toward Ourselves, Others, & the World*

**9:30**      ***Be the Change Family Ministries:*** Join a ***Be the Change*** action circle to:

- interact, reflect & have fun with all ages
- connect with creation locally
- inspire us to act in our everyday lives & **be the change!**

**11:30**      ***Cultivating Compassion Conversations:*** Join a ***Cultivating Compassion*** circle to:

- get to know each other
- learn about living more compassionately with ourselves—perhaps the hardest person to please!

**Sunday April 17<sup>th</sup>** – this is the day we remember Jesus' entry into Jerusalem, when people shouted, sang and waved palms in celebration. You are invited to engage in a dramatic interpretation of this story with Don Gray & Karen Dale. Please let us know if you are interested: [karen@beachuc.com](mailto:karen@beachuc.com)

### ***Council & HOME***

*Council Contacts: Jane Dickson, Ron Fitton, Lee Muirhead*

*HOME Contact: Karen Watson*

### **Invitation to Three Presentations: Council and HOME Updates**

At our last Congregational Meeting two items were introduced without time to offer detailed information or address questions at length: our new construction plans and our present and future financial strategies. To give time for a more detailed presentation and to answer questions, please come to any of the following presentations:

***Tuesday, March 29, 10am*** (followed by lunch at the Interfaith Lunch Program)

***Wednesday, March 30, 7pm***

Each session will be 1 ½ hours, with equal time given for presentations and for questions. Feel free to attend one or more presentations. You may already have questions, please offer them to Council Chair, Jane Dickson: [jane.dickson020@sympatico.ca](mailto:jane.dickson020@sympatico.ca)

### **Invitation to a Wider Ministries Conversation**

With the sale of Bellefair United Church, Beach U.C. advocated to direct one-tenth of the sale proceeds to support initiatives in our wider community and beyond. We call this program Wider Ministries. With this understanding, we invite all interested members of the congregation to join us in a dialogue to discuss how to use these funds guided by principles outlined in our Ministry in Progress mission statement. Please meet us in the **Parlour on Tuesday, April 5th at 7:00pm**. Bring with you your wonderful ideas, enthusiasm, and spirit of commitment.

## ***Music at BUC***

*~faith expressions through music~*  
*Staff Contact: Douglas Brownlee*

### **Drumming with Soul**

Three exploratory events will be scheduled and coordinated with some members of the congregation and staff over the next few months. These three events will be: 1. Following a Thursday lunch program for guests that wish to participate; 2. Following a Sunday morning worship service; 3. A Wednesday evening specifically designed so we can invite the local neighborhood. A few volunteers have graciously offered to help out with getting this project underway but more are certainly welcome 'at the drum'. Contact Douglas for more information: [music@beachuc.com](mailto:music@beachuc.com)

**We hear you singing in church.** Would you consider singing with the BUC Choir for Easter? Brass quintet, joyful Easter music, fellowship with other folks who like to sing... no experience necessary. Rehearsal: Thursday, April 14 & 21 from 7:30-9pm. Singing: Easter Sunday April 24th.

### **Jazz Vespers Saturday, April 2 at 4:30pm**

Featuring "The Wonder of Youth" with the Malvern Collegiate Dance Band.

Check our website to see how you can become musically involved at BUC.

## ***Service***

*Council Contacts: Rosalie Bradley & Corey Helm*

### **Development of Wider Ministries**

10% of the sale of Beach West (\$475,000) has been designated to widen ministry here at Beach United Church and beyond. Two initial ideas were suggested: solar panels as part of our building renovations and development of our food ministry beyond lunch twice a week. Ideas are welcome. Conversations are ongoing. Contact Jane Dickson with thoughts and suggestions.

### **Interfaith Lunch Program**

The need is still great for donations of male and female clothing. Anything at all is appreciated, but pants, shoes and shirts are especially needed. Please bring bagged donations to the Beach United Church Narthex and place next to the Food Bank boxes. Thank you.

### **Reaching Beyond our Doors: Mission and Service Fund**

The United Church of Canada will work with partners in Japan to support on-the-ground relief and reconstruction. It is important to remember that while these immediate moments of crisis are the ones that tug at our heart strings the needs in Japan, as in any place of crisis and emergency, will continue long after relief efforts have ended and the memory of the devastation faded on the world stage. The United Church works with partners over the long term.

Any donations received at the General Council Office, designated for "Japan Earthquake Relief and Reconstruction" will be gratefully received and used to support United Church partners in this work.

Donations can be made online <http://www.united-church.ca/getinvolved/donate> or mailed to:

The United Church of Canada  
3250 Bloor St. West, Suite 300  
Toronto, ON  
M8X 2Y4

Donations made by United Church members, congregations, and pastoral charges to Japan Earthquake Relief and Reconstruction are considered "over and above" gifts to the United Church's wider work, so they are not recorded as part of a congregation/pastoral charge's Mission and Service Fund giving. As part of The United Church's Emergency Response Fund, 85 percent of your donation will directly fund an emergency response in Japan. Fifteen percent will be used to support emergencies that do not receive intense media cover and response. No administration fees will be deducted from your donation. For more information contact: Pat Elson, Program Coordinator, People in Partnership, Asia Partnerships, Partners in Mission Unit Tel: 416-231-7680 ext. 4016 Toll-free: 1-800-268-3781 ext. 4016 E-mail: [pelson@united-church.ca](mailto:pelson@united-church.ca)

## ***Learning & Growth***

*Council Contact: Wendy Johnston*



### **Family Ministries**

Every Sunday at 9:30am during Lent, you have an exciting possibility of becoming part of a **Be the Change** action circle. This will be an interactive, fun & reflective process, designed to engage all ages.

### **An Invitation to Six Meetings with Joseph Campbell**

You are cordially invited to attend six evenings with Dick Allan to look at the PBS series called The Power of Myth. These one hour programs feature Bill Moyers interviewing Joseph Campbell who explains how the World's Myths operate in helping humanity formulate a view of themselves and the world. Join us on **Tuesday, April 5<sup>th</sup> in the Spirit Space 7-9pm** for the first in the series: The Hero's Adventure. For more information please call Dick Allan at 416 698-8614.

**"The best virtue is understanding, hence the complete happiness will be the activity expressing its proper virtue; and we have said that this activity is the activity of study."  
Nicomachean Ethics - Aristotle**

## ***Congregational Development***

*Council Contact: Mary Anne Lemm*



### **Cultivating Compassion**

Compassion toward others may be a challenge but many of us find it even more challenging to show compassion to ourselves. Join a "Cultivating Compassion Circle" directly following worship this Sunday to reflect on ways to encourage our self-compassion.

### **Cooking with Soul April 2 from 9am-12:30pm**

Cooking with Chocolate & Learning about Tea with Instructor Laura Bryan, George Brown College. Contact the office to sign up: [office@beachuc.com](mailto:office@beachuc.com)

### **Speaker's Series**

**On April 6 at 7:30pm** join us for a screening of Don Gray's documentary "Nobody's Child", a story about Canada's home children.

**On May 11 at 7:30pm** join us for a reading by Cathy Marie Buchanan from her New York Times bestseller *The Day the Falls Stood Still*.

## ***Congregational News***

There will be a Memorial service for Bea Fenemore on Monday, March 28th at Sherrin Funeral Home (Kingston Road). The visitation will be from 1-2 pm and the service at 2 pm.

## ***Council Meeting Highlights***

Our opening reflection observed the International Day of Water on March 22.

Council reviewed the plans for the upcoming congregation sessions regarding HOME cost projections and council's planning to date around four financial questions facing us at this time. The sessions will include equal time for questions as for presentations, and a take-away summary of important information is being prepared. The presenters will emphasize the in-progress nature of the financial planning and invite congregation input.

As part of this discussion, council agreed that costs related to the preparation for and the actual move out of 140 Wineva will be monitored by the Council Chairs' circle, and reported to council.

A plan for engaging the congregation in developing our concept of wider ministries, and the use of the related funds, was discussed. Council reviewed its list of guidelines and made additional improvements, and also examined the two areas of possible starting points and how they might relate to the guidelines. A team of council, with assistance from others in the congregation, will begin planning for a session on April 5 where the congregation can engage in this important consideration of how our ministries will develop.

Jim Winn, chair of M&P committee, outlined a working plan for dealing with staff performance reviews and long term development, as well as a complaints procedure for concerns regarding staff. This will be further developed and reviewed in April.

Carolyn Glasgow outlined the process followed by the Green Team to identify a solar contractor to install the rooftop solar electric system at BUC, in keeping with the intention of the congregation to have such a feature as part of our renovated church. This project also might provide some revenue for the church for a number of years. The Green Team is planning to provide information sessions for the congregation to ensure understanding of how the solar system and the financial numbers work. Council approved the selection of the contractor and making application for a Feed-In-Tariff contract, and tentatively approved moving forward with the full installation. This decision will be revisited once further information is available in the next few weeks, but the tentative approval allows some progress at this time without any financial commitments.

Other items considered or approved included: approving the transfer of Marriage, Burial, Baptism records to UCC Archives from Bellefair and Kew Beach churches, approving a process for identifying appropriate future uses of the south lot, adding one more piano to the list of items surplus to our needs, complimentary feedback from the realtors and lawyer about the professional manner of the BUC people involved in the property sale process, an update on the discussions with couples club about their location in the fall, announcing the new location of the Avalon Montessori above Tim Horton's on Queen, and a request for assistance to Gail and Peter Tabbitt in finding volunteers to help with the silent auction in May.

The camaraderie and dedication of council members were observed in Abigail's closing prayer.



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[www.beachunitedchurch.com](http://www.beachunitedchurch.com)